

# Join the Conversation



Are you a Baby boomer facing decisions with your aging parent(s)?

Do you and your siblings wonder how to best help your parent(s)?

## Attend this special focus group for baby boomers

**Pre-registration by July 3<sup>rd</sup> required\***

The Beverly Council on Aging is planning a special event in August 2009 at the Senior Center on 90 Colon Street in Beverly. Targeted toward baby boomers – specifically those who are facing decisions with aging parents – the discussion will focus on the book “If I Were an Only Child,” written by Kristy Wright, CEO of VNA of Western Pennsylvania, and Rebecca MacKinnon, the founder of Beyond Now Technologies. “If I Were an Only Child” is a thought-provoking story about issues related to caregiving and the challenges of boomers living longer.

The event will take place in August, and those interested in attending should **call the Senior Center at 978-921-6017 to reserve a space.** For more information on the book, please visit [www.sophiaforlife.com](http://www.sophiaforlife.com).

**WHO: Beverly COA, along with authors Kristy Wright and Rebecca MacKinnon**

**WHAT: Discussion/Author event focusing on the book, “If I Were an Only Child”**

**WHERE: The Senior Center  
90 Colon Street  
Beverly, MA 01915**

**WHEN: August 2009  
Time and day TBD**

**WHY: The life of the baby boomer is evolving as longevity increases – first with parents and then with boomers themselves – and this forces families to face many new challenges. The authors of “If I Were an Only Child” will lead a thought provoking discussion about aging in a new era.**

- **Pre-registration required so that enough books may be ordered**

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