

Free and Low Cost Food Resources

Website for food resources on the North Shore:

<http://www.essexcountyhungerrelief.org>

Food Stamps

www.gettingsnap.org

Foodsource Hotline

Monday–Friday: 8 A.M. to 7 P.M.

Saturday: 10 A.M. to 2 P.M.

800-645-8333

Gloucester:

The Open Door, Cape Ann Food Pantry

28 Emerson Avenue

Gloucester, MA 01930

978-283-6776

www.foodpantry.org

Free & Low Cost Food Programs include:

Free Dinners every Monday, Wednesday, Thursday & Saturday, 5-6:00 at the pantry. Doors open at 4 PM. There is also a Sunday meal 4 – 5. Gloucester residents may call 978-283-6776 x 204 to arrange for a free van ride. Elder must call for a ride before 4pm on weekdays & before 3pm on Sundays to ensure a seat. The van will pick up elder @ their home & bring them back following the dinner.

Food Pantry is open Monday 10-5 & 6-7, Tuesday 10-5, Wednesday & Thursday 10-4 & 6-7, Friday 10-12 & 3-5.

Buck A Bag: A selection of bread & produce is arranged market style.

Fridays, 12:30-1:30. Bring your own grocery bag. Fill it with the items you want, and pay a dollar.

Free Groceries: The Cape Ann Food Pantry distributes free three day emergency groceries to people expressing a need, up to twice a month. Participants must fill out a confidential form @ the pantry, and then will be given food that is available.

Food Stamp Assistance: By appointment on Tuesday, Thursday, & Fridays, 9:30-4 PM
Call 978-283-6776 for an appointment.

North Shore Food Stamp Office, 35 Congress Street, Salem, MA 01970

Phone: 978-825-7300

Fax: 978-741-4869

Also in Gloucester

Cape Ann Interfaith Commission offers harvest meals on Tuesday & Fridays when meals are not served at The Open Door.

St. John's Church, 48 Middle Street, Gloucester on Tuesdays

Coffee & tea served 4:30-5 PM, Dinner 5-6PM

Trinity Congregational Church, 70 Middle Street, Gloucester on Fridays

Coffee & tea served 4:30-5 PM, Dinner 5-6PM

Beverly:

Beverly Bootstraps Food Pantry

371 Cabot Street, Beverly

978-927-1561

www.beverlybootstraps.org

Monday through Friday- 11:00am –12:30pm

Tuesday & Wednesday- 5:00 - 6:00pm

Please call [Kathy Kirlis](#) or [Julia Andrews](#) at 978-927-1561 for more information.

[First time food pantry client registration](#) will no longer be held during regular pantry hours. To register, please visit Monday through Friday 9:00am - 10:30am or Tuesday and Wednesday afternoon 4:30 - 5:00pm. No appointment necessary.

Salvation Army Food Pantry

50 Elliott Street, Beverly

978-922-4522

Mondays, Wednesdays, Fridays, 2PM-4PM

Beverly Meal Sites: Meals for those in need.

First Baptist Church,

221 Cabot Street, Beverly

978-922-3295

Lunch program on Tuesdays & Saturdays @ 12:30PM @ The White Whale which is located next to the church at 9 Hale Street.

Dinners on Mondays & Saturdays @ 6:00 pm in the church gymnasium.

First Parish Unitarian Church

225 Cabot Street, Beverly
978-922-3968

Dinner served every Tuesday, 5:30 – 7:00 PM.

*Second Monday of every month, dinner served at the First Baptist Church
5:30 – 7:00 PM. (FBC is next door)*

www.firstparishbeverly.org

Memorial United Methodist Church

2 Dane Street, Beverly
978-927-1066

Dinner served Wednesdays, 6:00 pm

Church of the Nazarene

556 Cabot Street, Beverly
978-927-9979

Dinner served Thursdays, 6:00 pm

St. Peters Episcopal Church

4 Ocean Street, Beverly
978-922-3438

Fridays, 5:30 doors open for coffee; dinner served @ 6:00 pm.

Sundays, 5:30 doors open for coffee; dinner served @ 6:00 pm.

www.stpetersbeverly.org

Essex:**The Open Door Food Pantry**

At the First Congregational Church of Essex

Fridays, 4:30 – 6:30 pm

For more information visit www.foodpantry.org, or call 978-283-6776.

Hamilton:**Acord Food Pantry**

69 Willow Street, Hamilton
978-468-7424

Wednesdays, 10 – 12 and Saturdays, 9-12

Ipswich:

The Ipswich Food Pantry will deliver a bag of groceries once per month to Ipswich seniors in need. No application necessary, just call Patricia Valcour at Ipswich COA 978-356-6650.

Ipswich Dinner Bell Free Meals

Second and fourth Mondays, 5:30 to 7 P.M.

Ipswich Masonic Lodge, 70 Topsfield Road, Ipswich

Information: Contact the Rev. Glenn Prescott at 978-356-2010, or email
glennndori@verizon.net for more information, to donate or get involved.

Updated October 26, 2011