

SENIORCARE, INC.

Free and Low Cost Food Resources

(Updated 2/10)

In Gloucester:

The Open Door, Cape Ann Food Pantry, 978-283-6776

28 Emerson Avenue

Gloucester, MA 01930

Free & Low Cost Food Programs include:

Food Pantry is open Monday 10-5 & 6-7, Tuesday 10-5, Wednesday & Thursday 10-4 & 6-7, Friday 10-12 & 3-5.

Free Dinners every Monday, Wednesday, Thursday & Saturday, 5-6:00 at the pantry. Doors open at 4 PM. There is also a Sunday meal 4 – 5. Gloucester residents may call 978-283-6776 x 204 to arrange for a free van ride. Elder must call for a ride before 4pm on weekdays & before 3pm on Sundays to ensure a seat. The van will pick up elder @ their home & bring them back following the dinner.

Free Groceries: The Cape Ann Food Pantry distributes free three day emergency groceries to people expressing a need, up to twice a month. Participants must fill out a confidential form @ the pantry, and then will be given food that is available.

Buck A Bag: A selection of bread & produce is arranged market style. Fridays, 12:30-1:30. Bring your own grocery bag. Fill it with the items you want, and pay a dollar.

Food Stamp Assistance: By appointment on Tuesday, Thursday, & Fridays, 10-4. Call 978-283-6776.

ALSO IN GLOUCESTER

Cape Ann Interfaith Commission offers harvest meals on Tuesday & Fridays when meals are not served at The Open Door.

Tuesdays at St. John's church, 48 Middle Street, Gloucester. Meals are offered Fridays at Trinity Congregational Church, 70 Middle Street, Gloucester.

Doors open at 4:30 p.m. on both days. Meals are served 5 to 6 PM. No charge.

In Beverly

Beverly Bootstraps Food Pantry, 978-927-1561

371 Cabot Street, Beverly

Clients can receive three days worth of groceries every fourteen days.

Open M – F, 11:00 – 12:30 & Tues/Wed .5 – 6:30
Now offers food to Manchester residents.

Beverly Meal Sites: Meals for those in need.

First Baptist Church, 221 Cabot Street, Beverly
Mondays, 6:00 pm

First Baptist Church @ the White Whale, Hale Street, Beverly
Tuesdays, 12:30 pm
Saturdays, 12:30 pm

First Unitarian Church, 225 Cabot Street, Beverly
Tuesdays, 6:00 pm

Memorial United Methodist Church, 2 Dane Street, Beverly
Wednesday, 6:00 pm

Church of the Nazarene, 556 Cabot Street, Beverly
Thursday, 6:00 pm

St, Peter's Episcopal Church, 4 Ocean Street, Beverly
Sundays, 6:00 pm

In Hamilton

Accord Food Pantry in Hamilton, 978-468-7424
Located at 69 Willow Street in Hamilton, MA.

In Ipswich

The Ipswich Food Pantry will deliver a bag of groceries once per month to Ipswich seniors in need. No application necessary, just call Patricia Valcour at Ipswich COA 978-356-6650.