

Support Groups for Caregivers

Updated 2/08

Dementia/Alzheimer's Caregiver Support Groups

Spectrum Center

600 Cummings Center

Beverly, MA 01915

978-921-5020

Meets 2:30-4:00 PM, 1st and 3rd Wednesday of each month

Contact Information: Pam Taylor, LCSW 978-921-5020, extension 2104

Dr. Amesbury's Office

900 Cummings Center, Suite 218U

Beverly, MA 01915

978-922-3622

Meets 6:30-8:30 PM, 2nd and 4th Thursday of each month (Holistic Healing)

Contact information: 978-922-3622

Heritage at Danvers

9 Summer Street

Danvers, MA 01923

1st Tuesday of every month at 6pm

Contact:

Cheryl Wall, 978-921-1697 ext. 265, or Deidre Edward-Reid, 978-774-5959

North Shore Elder Services

152 Sylvan Street

Danvers, MA 01923

978-750-4540

Meets 10:30 to noon 1st and 3rd Mondays of every month and the 1st and 3rd Wednesdays of every month from 7 to 8:30pm

Contact Information: Kathryn Perrella and Janice Wyner 978-750-4540

Blueberry Hill

75 Brimbal Avenue

Beverly, MA 01915

978-927-2020

Meets 5:30-6:30pm 1st Monday of every month (except when there is a holiday, then it is usually the 2nd Monday)

Contact Information: Jayne Gordon MSW, LICSW 978-927-2020

Hunt Center

75 Lindall St.

Danvers MA 01923

2nd and 4th Thursdays of the month from 3 to 4 pm

978-921-5020, ext. 2101

Support group for early stages of memory loss

Non-Specific Caregiver Support Groups

Gloucester Council on Aging
6 Manuel F. Lewis Street
Gloucester, MA 01930
Meets 12:30-2 PM, 3rd Tuesday of every month
Contact Information: 978-281-9765

Hunt Nursing and Retirement Home
90 Lindall Street
Danvers, MA 01923
2nd Tuesday of every month from 6:30 to 7:30
Contact: Henna at 978-777-3740, ext 238

Landmark at Oceanview
3 Essex Street
Beverly, MA 01915
3rd Tuesday of every month from 6:30 to 7:30
Contact: Trish Crean, 978-927-4227, ext. 27

North Shore Elder Services
152 Sylvan Street
Danvers, MA 01923
Meets 10:30-12:00 PM, 1st and 3rd Monday of every month
Contact Information: Kathryn Perrella and Janice Wyner 978-750-4540

Seacoast Nursing and Rehabilitation Center
292 Washington Street
Gloucester, MA 01930
2nd Tuesday of each month from 5:30 to 6:30pm in the Cape Ann Way Room
978-283-0300, ext. 127

Mental Health/Mental Illness Caregiver Support Groups

Support Group for Parents/Family of the Mentally Ill
NAMI-National Alliance for the Mentally Ill of the Greater North Shore

Gloucester

Meets 1st Wednesday of month 7:00 – 8:30PM
Community Center on Middle Street
Contact Information: Pat Hadley 978-281-5456

Salem

A 12 week Family to Family Group
Meets Mondays from 7:00 – 9:30 PM
North Shore Children's Hospital
Pre-Registration necessary
Contact Information: Joanne 781-592-9727

Beverly

Meets 3rd Tuesday of month at 7:30- 9:00 PM
Beverly Hospital
Doctor's Conference Room
Beverly, MA 01915
Contact Information: Donna 877-221-NAMI (6264)

Cancer Caregiver Support Groups

Beverly Hospital
85 Herrick Street
Beverly, MA 01915
Meets 11:00 am – 12:30 pm 1st Wednesday of each month.
Registration required.
Contact Information:
Beverly Hospital Social Work Department 978-922-3000 x2710

The Cape Ann Cancer Support Group
Addison Gilbert Hospital
Longan Room
4th Tuesday of each month from 4:30-6:00pm
978-283-4001, ext. 559

Beverly Hospital
Breast Cancer Support Group
Herrick House
1st Thursday of each month at 6pm
978-922-3000 ext. 2405

The Social Work and Oncology Dept. of Beverly Hospital
Melanoma support group meets 2nd Tuesday of each month from 6:00pm to 7:30pm
General cancer support group meets 1st Wednesday of each month from 11:00am to 12:30pm
Both support groups meet at the Garden Conference Room at Beverly Hospital
Contact Kelly Braga, SW, at 978-922-3000, ext 2027

Cancer Center
17 Centennial Drive
Peabody, MA
978-573-5354
Meets 3rd Mon. of month from 7-8:30pm
Contact Information: Jean Treacy
jtreacy@partners.org

Grief/Loss Support Groups

Hospice of the North Shore
Center for Grief and Healing
10 Elm Street
Danvers, MA 01923
978-774-5100
Call for current information or go to www.griefandhealing.org

St. Mary's Bereavement, divorced and separated support Group
St. Mary's Church Rectory
24 Conant Street
Danvers, MA 01923
978-774-1967
Meets every Wednesday at 7 :30pm
Contact Information: Karlene Horgan

Association for Pet Loss and Bereavement Chat Room

Pet Loss Chat Room http://www.aplb.org/chat/chat_petloss.html

Parkinsons Support

978-887-2248
Contact Information: Peggy Roaf

Diabetes Management Support Group

Union Hospital
500 Lynnfield St.
Lynn, MA 01904
781-477-3084
Meets 3rd Thursday of month from 7:00 – 8:00pm
Contact Information: Joanne Sampson

Cardiac Rehabilitation

Northeast Health System
Beverly Hopsital
Cardiac Conference Room
4th Wednesday of each month at noon
978-922-3000, ext. 2710

CAREGIVER SUPPORT

* Hunt Nursing and Retirement Home, 90 Lindall St., Danvers, offers a free support group for caregivers the second Tuesday of every month from 6 to 7:30 p.m. Call Henna at 978-777-3740, ext. 238.

* Landmark at Oceanview offers free caregivers support for those caring for an elder on the third Tuesday of every month from 6:30 to 7:30 p.m. at 3 Essex St., Beverly. Call Trish Crean, 978-927-4227, ext. 27, to register.

* Caregivers Together meets the first and third Mondays of the month from 10:30 a.m. to noon and the first and third Wednesdays of the month from 7 to 8:30 p.m. at North Shore Elder Services, 152 Sylvan St., Danvers. Call 978-750-4540.

* Caregiver Support Group meets monthly at Rose Baker Senior Center in Gloucester, the third Tuesday of each month from 12:30-2:00. Contact Claire Phillips at Gloucester Council on Aging at 978-281-9765 or Jayne Girodat at SeniorCare, Inc. at 978-281-1750, ext. 394.