

Adult Day Health List

Updated Oct. 2011

Adult day health care programs assist people who need medical monitoring and supervision during the day. Participants receive lunch and snack as well as assistance with medication and personal care, if necessary. Adult day health centers also provide planned recreational and social activities.

Spectrum at the Cummings Center

600 Cummings Center, Suite 176X
Beverly, MA 01915
978-921-5020
\$80 day (Monday-Friday)
\$78/day (Saturday)

Day By Day Adult Care, Incorporated

4R Blackburn Center
Gloucester, MA 01930
978-281-0252
\$90.32/day (Transportation included)
<http://www.daybydayadultcare.com>

Briarcliff Lodge

112 Kernwood Drive
Lynn, MA 01904
781-598-4570
\$65/day (Basic)
\$75/day (Complex)

All Care Adult Day Health Center

20 Sheila Avenue
North Chelmsford, MA 01863
978-251-0367

Roger B. Trask Adult Day Health Center

79 Central Street
Peabody, MA 01960
978-531-2254 Ext. 134
\$69/day
Project Mobility provides transportation to and from program for Peabody residents for \$4 each way.
\$15.25/day (non-residents)

Rainbow Adult Day Center

(Formerly Catherine's ADH)

210 Lowell Street

Peabody, MA 01960

978-531-2499

\$55/day (Transportation not included)

Shapiro/Rudolph Adult Day Care Center

330 Paradise Road

Swampscott, MA 01907

781-973-1580

\$69-\$78/day, depending on level of care

Active Day, Inc.

607 North Avenue

Wakefield, MA 01880

781-224-2800

\$86/day

Transportation to and from program is \$36/day

Northshore Adult Day Health Center

191 North Common Street

Lynn, MA 01905

781-595-4888

\$53/day

Primary Language is Spanish

Staywell Adult Health Day Center

45 Congress Street

Salem, MA 01970

978-825-0202

Primary Language is Russian

***This information is provided as a resource referral, not as a recommendation.
SeniorCare cannot guarantee the quality of the provider or service.***